

## St Chad's RC Primary School

“At St Chad's, we grow in the light of Christ, to share in his love and reflect the gospel values”

### Introduction:

At St Chad's we are committed to providing all children with learning opportunities to engage in Physical Education enabling the children to develop fit and healthy bodies, physical control and co-ordination through a broad and balanced curriculum. PE should create opportunities for all children, inclusive of SEND to become confident and physically literate. As a Catholic school, children will also be taught the values of fair play and respect through curriculum lessons and extra-curricular activities.

### Aims:

Develop skills and physical literacy.

Engage all children in physical activity both in school and after school.

Participate in competitive sports within lessons.

Begin to lead healthy and active lifestyles and continue this once they have left the school.

Develop staff confidence and competence in the teaching and leading of PE.

Compete in external competitions both as a collaborative team and as individuals.

Encourage interest in sports outside of school, and develop club and community links.

### Delivery of the PE Curriculum:

We have one lesson of PE a week for each year group, including Reception who also have constant use of their outside environment. The PE curriculum is taught in 7 units over the course of the year, by qualified sports coaches, and supported by teaching staff. We cover these 7 areas:

Gymnastics

Dance

Athletics

Swimming

Net and Wall Games

Striking and Fielding Games

Invasion Games

Outdoor and Adventurous Activity is also included in KS2, with many elements of the activity being covered in the residential programmes undertaken in Year 5 and Year 6.

The children have use of the field, both playgrounds and the hall for PE, dependent on activity.

We have specialist coaches from King Edward Schools Sports Partnership throughout the year to help target the least active children during curriculum lessons.

KS2 are able to take part in swimming lessons for 6 week blocks, taught by qualified swimming teachers at Newtown Swimming Baths.

#### Sports Premium Funding:

Sports Premium funding is used for membership of the King Edward Schools Sports Partnership, which allows the children to participate in competitions over the school year, and have access to CPD courses for both coaches and teachers, as well as continued support for teacher through specialist sports coaches.

Funding is also used to provide clubs for identified target groups, including netball club and girls' football club. Other funding is used to purchase new equipment in order to continue teaching PE at the highest standard.

#### Lunchtime:

Playleaders from Year 6 are provided with training, resources and equipment by the Sports Coach and the Playleader Scheme. This enables the Year 6 children to take the lead in encouraging KS1 to participate in sports and begin to lead healthy and active lifestyles. The sports coach has also provided lunchtime staff with equipment to involve children with sporting activities.

#### EYFS:

Physical development within the EYFS framework is divided into three areas, two of which link to PE. These are:

Moving and handling – children working at the expected level will show good control and co-ordination in large and small movements. They move confidently in a range of way, safely negotiating space.

Health and self-care – children working at the expected level will know the importance for good health, physical exercise and a healthy diet, and talk about ways to keep healthy and safe.

All the children in EYFS have access to a range of daily activities to develop their fine and gross motor skills and have unlimited access to an outside environment. In addition to this, they have one PE lesson a week.

### KS1 and 2:

The school follows a scheme of work devised by the sports coach for all lessons, except swimming where the children are instructed by the qualified swimming teachers. Swimming is available for KS2 and will begin for Year 2 towards the end of summer term 2.

The lessons are taught in units where there is clear progression and children are able to use and apply skills learnt previously to new learning.

### Inclusion:

Children are taught in mixed ability groupings, enabling collaborative work to take place, and the more able to deepen their own knowledge by aiding the less able and SEN children.

Class teachers have access to spare PE kit in case a child forgets their own.

No pupils are excluded from PE unless directed by a medical professional.

Lessons will be a good learning experience for all children.

Differentiation will be clear through activities and resources provided, but all children will have equal opportunity to achieve the aims of the lesson.

For children with limited gross motor skills, the STEP principle will be applied in order to take into account the needs of the pupil.

### Assessment and Recording:

Assessment is carried out by the both the sports coach and the class teacher using the new national curriculum. Children will be marked as either working below, working at, or working above their age related expectations. Swimming is assessed by the swimming instructors at Newtown Swimming Baths.

Sometimes videos and photographs are used to record the children and document their work.

EYFS levels are discussed between the sports coach and EYFS lead.

PE is included as part of the end of year reports.

### Health and Safety:

All staff are aware of the Association for Physical Education (AfPE) guidelines in regards to health and safety within PE lessons.

The sports coach checks equipment before and after lessons, and throws away condemned equipment. Any hazards are reported to the maintenance staff and the Head Teacher. Health and safety guidelines are followed at all times, and we follow the "Safe Practice in Physical Education".

Within lessons, pupils are aware they must remove jewellery and tie long hair back.

First aid kits are also carried in lessons and staff are trained to carry out first aid.

Date for Review: October 2021

Inhalers are brought to every lesson, including swimming for those children with airway sensitivity.

During dance and gymnastics, all children are required to remove shoes and socks.

All children are made aware of safe practice within individual sports.

The schools emergency procedure is followed, in case of any emergency.

Resources:

There is a variety of equipment to enable pupils to achieve objectives, best suited to age related expectations.

Gymnastic mats and large equipment are kept in the indoor PE cupboard in the hall.

Equipment used at lunchtimes is stored both in the PE cupboard and the KS2 outdoor store.

EYFS have their own equipment stored in their own outdoor store.

Extra-Curricular and Sporting Events:

Qualified sports coaches provided by the KESSP deliver netball, rugby, multiskills, gymnastics, dance and football 4 days a week. The sports coaches are responsible for keeping a register of the children and ensuring they leave the school with the appropriate adult at 4:15pm.

The school office liaise with the sports coach to arrange teams attending external sports competitions and after school clubs.

Returned permissions slips are collected by the sports coach and kept on file.

Naomi Dartnell October 2018

Review Date: October 2021